May 2024

First Step to Nutrition AM Snack, Dinner & Eve Snack -1% Milk/whole milk served to children age 1 WG = whole grain

* Provider Signature:

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 AM - WG English Muffin/Mil	AM - Apples/Milk	AM - Corn Muffin/Milk	4
			Hard Boiled Egg	WG Grilled Cheese	Turkey Avocado Pinwheels	
			Spinach Salad Fresh Berries	Tomato Soup Banana	Avocado and cucumber Grapes	
			Breadsticks/Milk	Milk	WG Tortilla/Milk	
			ES - Yogurt/Milk	ES - Waffles/Milk	ES - Applesauce/Milk	
5	6 AM -Watermelon/Milk	AM-String Cheese/Milk	AM - Frozen Banana/Milk	9 AM - French Toast/Milk	10 AM - Soft Pretzels/Milk	11
	Sloppy Joes	Grilled Ham & Cheese	Scrambled Eggs	Vegetable Beef Soup	Tuna Noodle	
	Potato Skins	Vegetable Soup	Peas	Corn	Green Beans	
				Strawberries	Applesauce	
	Bun/Milk	WG Bread/Milk	WG Toast/Milk	Crackers/Milk	Milk	
	ES - WG Cherrios/Milk	ES - Fish Crackers/Milk	ES - Smoothie Bowl/Milk	ES - WG Oatmeal/Milk	ES - WG French Toast/Milk	
12	13 AM - Applesauce/Milk	14 AM - Strawberries/Milk	15 AM - Carrots/Dip/Milk	16 AM - English Muffin/Milk	17 AM - Croissants/Milk	18
	Meatloaf	Spinach Quiche	Chicken Soup	X Cheese Pizza	PB & J/String Cheese	
	Corn	w/ red peppers	Carrots	Fresh Carrot Salad	Carrots	
	Apple	Apples	Kiwi	Fruit Cocktail	Strawberries	
	Roll/Milk	WG Roll/Milk	Noodles/Milk	Milk	WG Bread/Milk	
	ES - WG Oatmeal/Milk	ES - Goldfish/Milk	ES - WG Total/Milk	ES - WG Crackers/Milk	ES - Pretzels/Milk	
19	20 AM - Apple /Milk	21 AM - Smoothie Bowl/Milk	22 AM - Applesauce/Milk	23 AM - Oatmeal/Milk	24 AM - Cinnamon Toast/Milk	25
	Baked Chicken	Scrambled Eggs	Ham & Cheese Sandwich	Chicken Soup	Meatballs & Spaghetti	
	Scalloped Potatoes	Hash Browns	Cucumbers	Carrots & Celery	Salad	
	Pineapple	Mandarins	Grapes	Fruit Cocktail	Applesauce	
	WG Roll/Milk	WG English Muffin/Milk	WG Bread/Milk	WG Brown Rice/Milk	Milk	
	ES - String Cheese/Milk	ES - Bananas/Milk	ES - Soft Pretzel/Milk	ES - Fruit Smoothie/Milk	ES - WG Goldfish/Milk	
26	27 Happy Memorial Day!	28 AM - English Muffin/Milk	29 AM - Yogurt/Milk	30 AM - Bagel/Milk	31 AM - Fruit Salad/Milk	
		WG Grilled Cheese	Beef Taco	X Cheese Pizza	Chicken Stir Fry	
		Tomato Soup	Lettuce/Tomato	Green Beans	Broccoli	
		Apple	Pears	Applesauce	Pineapple	
		Milk	WG Tortillas/Milk	Milk	WG Brown Rice/Milk	
		ES - Pretzels/Milk	ES - String Cheese/Milk	ES - WG Oatmeal/Milk	ES - Grahams/Milk	